



Lamont County SPRING TEEN RETREAT

March 28th - 30th, 2017

Van-Es Camp & Conference Centre

Open to teens in Grades 7 - 12!! Includes accommodations, meals & West Edmonton Mall Waterpark trip.

REGISTRATION: All registration forms and payment must be dropped off or mailed **ONLY** to: Lamont County Administration Building, 5303-50th Ave., Lamont, AB T0B 2R0. Registration forms are available for pick up at this location or at your local town office. Early Bird Rate: \$60 before March 1st. After March 1st: \$75.

BUSSING: All participants will be bussed to the retreat from the Lamont County Administration Building. If you also require bussing from your location to the Admin. Building, please request it on your form. We will confirm your pick up/drop off times with you prior to the event.

March 28th: Meet at Lamont County Admin. Building at 4:00 p.m.

March 30th: Pick up at Lamont County Admin. Building at 3:15 p.m.



Contact F.C.S.S. for more info:

780-895-2233 ext. 7 or toll-free 1-877-895-2233 ext. 7

or e-mail us at leah.j@lamontcounty.ca



Hey Teens!

Well it's that time of year again for our annual Spring Teen Retreat for youth Grades 7-12!!! Grab your friends and your sleeping bags and register for a great time. Sleepover in cabins, go swimming, eat great food, plan youth events, hang with your friends and take a trip to the West Edmonton Mall Water Park!

REGISTRATION: Included with this letter is a registration/permission form that needs to be completed and returned with your \$\$\$. Please bring your completed form and payment to the Lamont County Administration Building by March to ensure you get a spot.

COST: The Early Bird cost for the retreat is \$60.00 per person before March 1st, or the regular rate is \$75 from March 1st on. Register by March 17th. This includes accommodation, busing costs, your meals at Camp Van-Es and your one day admission to the West Edmonton Mall World Water Park. You will also be responsible for purchasing your own dinner Wednesday evening at West Edmonton Mall. There is a food court directly outside the Water Park which will be where we will be eating.

VENUE: The venue for the retreat is Van-Es Camp & Conference Centre located approximately one hour south of Lamont. You will stay in heated cabins and will have access to full bathroom amenities, an indoor gym area & indoor swimming pool/hot tub. In the event of an emergency, please contact the County Administration Office so that they can get a hold of us. They can be reached toll free at 1-877-895-2233 from 8:30 a.m. until 4:00 p.m.

TRANSPORTATION: A bus will be departing the Lamont County Administration Building at 4:00 p.m. on Tuesday, March 28th for Camp Van-Es and will return at 3:15 p.m., Thursday, March 30th for pick-up. If you also require bussing from your location within Lamont County, please note it on your form and we will confirm pick up/drop off times with you.

WHAT TO BRING: Please remember, YOU are responsible for YOUR belongings.

- Please bring a bagged SUPPER for Tuesday night, March 28th.
- Sleeping bag & pillow
- Jacket, PJs, clothes for 2 days
- Clothes/PJ's – Make sure to bring warm clothes! It is winter! Also bring **dark, warm clothes, winter gear, winter boots, etc. for a game outside.** Bring enough of everything for 3 days!
- Appropriate bathing Suit & 2 towels. Street clothes are NOT allowed in the swimming pools.
- Toiletries (toothbrush, toothpaste, deodorant, shampoo, soap, etc.)
- Flashlight (don't forget to check the batteries and/or bring extras)
- Water bottle
- Money for your supper at West Edmonton Mall on Wednesday
- If you bring electronics and use them outside of free time they WILL be taken away for the remainder of the retreat! NO EXCEPTIONS!!
- If you take any medication or will be bringing any, please let FCSS know before! You will have to have your parents fill out a form!

In addition, we hope that all campers will bring an attitude of respect and a spirit of inclusion. Disruptive behavior and language will not be tolerated. In addition, please do not bring any dangerous materials, weapons, drugs or alcohol along with you as it will be confiscated and could potentially result in you being sent home from the retreat.

Use common sense! If you are unsure of what you can bring, please ask BEFORE and likely the answer is NO!

Hope to see you there!

Lamont County Region Family & Community Support Services Staff