



Emergency Contacts And Support

General

Individual, Family & Couple Issues - FCSS Lamont County	780-895-2233 Ext 6
Bullying Help Line	1-888-456-2323
Depression, Anxiety & Suicide - Mental Health Helpline	1-877-303-2642
AB Health Link	1-866-408-5465
Victim of Crime or Abuse (24hrs) - Fort Saskatchewan Victim Services.....	780-992-6100
- Vegreville Victim Services.....	780-603-1358
- Two Hills Victim Services.....	780-603-0193
Family Violence - (24 hours)	780-310-1818
Farmer Distress Line	1-877-303-2642
Metal Health Crisis Line - Adult.....	780-342-7600
Children.....	780-342-2401

Food & Shelter

Food Bank Lamont County Region.....	780-619-6955
A Safe Place (Women & Children).....	780-464-7233
Herb Jamieson Centre (Men).....	780-429-3470
Youth Emergency Centre (Y.E.S.).....	780-423-4121

Addictions

Alcohol, Drug, Gambling, & Tobacco - Alberta Quits.....	1-866-710-7848
Alcoholics Anonymous (A.A.).....	780-424-5900
Addictions Help Line (24 hours).....	1-866-332-2322

Children

Pregnancy & Parenting - Parent Link Centre Lamont County Region.....	780--895-2233 Ext 244
Lamont Health Unit.....	780-895-5817
Mundare Health Centre.....	780-764-3730
Baby Blues/Baby Health - PCN Fort Saskatchewan.....	780-997-0046
Vegreville.....	780-853-6966
Child Safety or Abuse (24hrs).....	1-877-385-KIDS
Kids Help Phone.....	1-800-668-6868 or KIDSHELPPHONE.CA
Child Abuse Hotline.....	1-888-387-5437
Children's Mental Health - Crisis Line.....	780-427-4491

Seniors

Services for Seniors - FCSS Lamont County.....	780-895-2233 Ext 6
Rural Elder Abuse Program (REAP).....	780-717-8151
Senior Abuse Hotline.....	780-454-8888



FCSS Lamont County Region

5303-50th Avenue, Lamont, Alberta T0B 2R0

Phone: 780-895-2233 Ext. 6

Toll Free: 1-877-895-2233 Ext. 6

Fax: 780-895-7404

WE BUILD ALBERTANS