

5 Areas of Early Childhood Development

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Development Physical Health

Encouraging physical growth and independence, gross and fine



Encouraging open communication of needs and wants in a socially appropriate way, storytelling and an appropriate awareness of the outside world



Encouraging age-appropriate emotional understanding, empathy, reflection, and controlled actions (thinking before doing).



Encouraging curiosity about the world, respect for adults and other children, following rules/ instructions, independence and self confidence.



Encouraging reading, writing, classification of shapes, numbers, colours, size and concepts.













