

2018 – 19 DANCE CLASS DRESS CODE:

All dancers will be required to follow an ongoing dress code beginning the 2018-19 season. Having proper dance attire enables instructors to ensure that dancers are using proper alignment and correct muscles, thereby avoiding injuries. Proper and uniform dress attire also assists with the psychology of dance, looks disciplined and enables the students to feel a part of a team much like any other group sport or activity. Hockey and baseball teams, ballet classes and other disciplines dress the same and so should our dancers. Thank you for your understanding and cooperation. We encourage our students to look and dance their best.

The following is what is expected when your dancers come to practice:

ALL LEVELS – GIRLS – All hair should be pinned off the face. This can be done in the form of a bun, French braid and a tight pony tail with all ends tied up so it doesn't flop around.

Beginner & Level 1 – Female dancers should be in tan colored tights, black body suit and if preferred, a tie up or elastic type skirt that fits over the bodysuit- no shorts
Girls – red dance slippers

Male dancers should be in black dance pants or black shorts and a white t-shirt.
Boys – Black dance slippers

Level 2 -4

Female dancers should be in tan colored tights, black body suit and if preferred, a tie up or elastic type **skirt** that fits over the bodysuit-no shorts.
Girls – footwear for practice should be either red dance slippers, elastabooties or the canvas slipper. Other footwear for regional dance will be decided at a later date.

Male dancers should be in black dance pants or black shorts and a white t-shirt.
Males - footwear for practice should be either black dance slippers, or elastabooties. Other footwear for regional dance will be decided at a later date.

LEVEL 5-7

Female dancers should be in tan colored tights, black body suit and if preferred, shorter black dance shorts over the bodysuit or tie up skirt.

Girls – footwear for practice should be either red dance slippers, elastabooties or the canvas slipper. Other footwear for regional dance will be decided at a later date.

Male dancers should be in black dance pants or black shorts and a white t-shirt.
Males - footwear for practice should be either black dance slippers, or elastabooties. Other footwear for regional dance will be decided at a later date

PLEASE NOTE THIS WILL BE IN EFFECT FOR OUR FIRST DANCE CLASS ON SEPT 10TH AND 13TH.

Following is a list of places you can purchase your dance wear :

DANCEWEAR/FOOTWEAR STORE

(Mondor Tights for the Girls are mandatory for our performances – color is “TAN” , # 74)

Please call the stores if you are going, just to be certain the hours are correct.

ADAGIO DANCE & SKATE APPAREL

15379 Castle Downs RD NW, Edmonton 780-457-0006

HOURS:

Monday 10 – 5:30
Tues./wed/Fri. 10 – 7
Thurs. 10-8
Sat. 10-5
Sun 12- 4 (this varies, call before going)

ALL 4 DANCE

- 8135 Roper Road (south Edmonton) – not a lot of stock- 1-866-489-4269

- 16332 – 111Ave (west Edmonton) - doesn't have red slippers – same phone #

HOURS

Monday – Friday 10-6
Saturday - 10-5

ON STAGE

10004 – 79ave – south Edmonton 780-432-7998

HOURS:

Monday – Thursday 9:30 – 7
Friday 9:30 – 5:30
Saturday 10 – 5
Sunday & holidays closed

ALL THAT JAZZ

1080B Strathcona Dr. Sherwood Park 780-416-2017

HOURS :

Mon/Tues/Wed 9:30 – 6
Thurs. 9:30 – 8
Friday 9:30 – 7
Saturday 9:30 – 5
Sunday closed

PLEASE NOTE THAT IT'S OK TO PURCHASE FROM PLACES LIKE WALMART, EXPECIALLY FOR THE YOUNGER DANCERS (BODYSUITS, PRACTICE TAN COLORED TIGHTS), BLACK DANCE SKIRTS.).THE DANCE STORES USUALLY FIT BETTER but as long as your are following the black/white code, you will be ok)

ANY OTHER QUESTIONS, PLEASE CALL OR TEXT CHERYL ROBERTSON AT 645-8736.