



Parent Link Centre,
St. Paul & Area

Michelle Duffy
Programmer &
Parent Education
Facilitator

Kim Ouellette
Program Assistant &
Parent Education
Facilitator

5002-51 Ave
St. Paul, AB
T0A 3A0
Office Phone: 780-645-5311
Office Fax: 780-645-5512

Email:
parent-link@town.stpaul.ab.ca
Facebook:
<https://www.facebook.com/stpaulfcssparentlink>

Instagram:
[St.paul_fcss](https://www.instagram.com/stpaul_fcss)

5 Areas of Early Childhood Development

Physical Health and Wellbeing
Encouraging physical growth and independence, gross and fine motor skills and coordination.

Communication Skills and General Knowledge
Encouraging open communication of needs and wants in a socially appropriate way, storytelling and an appropriate awareness of the outside world.

Emotional Maturity
Encouraging age-appropriate emotional understanding, empathy, reflection, and controlled actions (thinking before doing).

Social Competence
Encouraging curiosity about the world, respect for adults and other children, following rules/instructions, independence and self confidence.

Language and Thinking Skills
Encouraging reading, writing, classification of shapes, numbers, colours, size and concepts.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 "Lire et Rire" 10am-11am at Library Read and Roll 1pm-2pm	2 "Little Chefs" Cookie making 10am-12pm at Parent Link Registered event for ages 2-5 years	3 "Kid Boardgame Day" At Parent Link! 10am-12pm	4 Baby Bunch 1:30-3:30pm Run, Jump, Skip 5:30-7:15pm At the French Community Centre	5 "Rhymes that Bind" 10am-12pm at Parent Link	6
7	8 Thanksgiving Day CLOSED 	9 Clothing Exchange See Poster! 	10 Clothing Exchange See poster! 	11 Clothing Exchange See poster! 	12 Staff off Day in Lieu of Clothing Exchange	13
14	15 "Lire et Rire" 10am-11am at Library Read and Roll 1pm-2pm	16 Run, Jump, Skip 9:45am-11:45am At the French Community Centre	17 PLOW MALLAIG Pop Up Story with Miss Monique 10am-12pm At Parent Link!	18 PLOW ASHMONT Sunnyside-10-11am Baby Bunch 1:30pm-3:30pm Family Swim 6:00-7:30pm	19 "Rhymes that Bind" 10am-12pm at Parent Link	20
21	22 "Lire et Rire" 10am-11am at Library Read and Roll 1pm-2pm	23 Triple P-"Dealing with Disobedience" 10am-11:30am Drop In Afternoon 1:30-3:30pm	24 Parent Link Boxcar Movie! 9:30am-12pm. Hotel Transylvania! Registered event See poster!	25 Baby Bunch 1:30pm-3:30pm Run, Jump, Skip 5:30-7:15pm Halloween Party! French Centre	26 "Rhymes that Bind" 10am-12pm at Parent Link	27
28	29 "Lire et Rire" 10am-11am at Library Read and Roll 1pm-2pm	30 Run, Jump, Skip 9:45am-11:45am At the French Community Centre	31 Safe and Sweet Halloween. See poster! 			

