



## 5 Areas of Early Childhood Development

Parent Link Centre,  
St. Paul & Area

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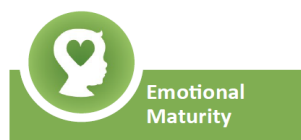
**Instagram:**  
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Encouraging physical growth and independence, gross and fine motor skills and coordination.



Encouraging open communication of needs and wants in a socially appropriate way, storytelling and an appropriate awareness of the outside world.



Encouraging age-appropriate emotional understanding, empathy, reflection, and controlled actions (thinking before doing).



Encouraging curiosity about the world, respect for adults and other children, following rules/instructions, independence and self confidence.



Encouraging reading, writing, classification of shapes, numbers, colours, size and concepts.



| Sunday                          | Monday  | Tuesday  | Wednesday  | Thursday  | Friday  | Saturday                             |
|---------------------------------|---|--|--|---|---|--------------------------------------|
| <b>Community Workers month!</b> |   |  |  | <b>Baby Bunch</b><br>1:30-3:30pm  | <b>"Rhymes that Bind"</b><br>10am-12pm at Parent Link<br><u>Walk of Hope-10am</u>                   | <b>Learn and Play</b><br>See poster! |
| <b>Veterinarian Week</b>        | <b>Last Day of Read and Roll</b><br>1pm-2pm   | <b>Run, Jump, Skip</b><br>9:45am-11:45am<br><b>French Community Centre</b>     | <b>Vet visit</b><br>10:00-12:00pm<br><u>At Parent Link!</u>                              | <b>Baby Bunch</b><br>1:30-3:30pm<br><b>Family Swim</b><br>6:00-7:30pm   | <b>"Rhymes that Bind"</b><br>10am-12pm at Parent Link   |                                      |
|                                 | <b>Remembrance Day Stat</b><br><u>Parent Link closed</u>  | <u>Parent Link Closed</u><br><u>Day off in lieu</u>                            | <b>PLOW MALLAIG</b><br><u>Pop Up Story with Miss Monique at Parent Link</u><br>10am-12pm | <b>PLOW ASHMONT</b><br><b>Baby Bunch</b><br>1:30-3:30pm<br><b>Run, Jump, Skip</b><br>5:30pm-7:15pm<br><u>Rhyme Time-5:30pm</u><br><u>At Parent Link</u> | <b>"Rhymes that Bind"</b><br>Last session!<br>10am-12pm at Parent Link                              |                                      |
| <b>Chef Week</b>                | <b>Twisted Fork Chef Debbie Poulin "Little Chefs"</b><br>10am-12pm at PL<br><u>Registered Event</u> | <b>National Childs Day!</b><br>See poster!                                     | <b>lcky, Sticky Messy Spaghetti play!</b><br>10am-12pm<br><u>At Parent Link!</u>         | <u>Story time at Sunnyside</u><br>10am-11am<br><b>Baby Bunch</b><br>1:30pm-3:30pm<br><u>Rhyme Time-5:30pm</u><br><u>At Parent Link</u>                  | <b>Drop In at Parent Link</b><br>10am-12pm<br>Free Play!  |                                      |
| <b>Doctor Week</b>              | <u>Parent Link Closed!</u><br><u>Staff away</u>   | <b>Triple P-"Dealing with Disobedience"</b><br>10am-11:30am<br>At Parent Link! | <u>Writing letters to Santa/Post office centre.</u><br>10am-12pm at Parent Link          | <b>Baby Bunch</b><br>1:30-3:30pm<br><b>Run, Jump, Skip</b><br>5:30pm-7:15pm<br><u>Rhyme Time-5:30pm</u><br><u>At Parent Link</u>                        | <u>Come and play in our Doctor Centre!</u><br><u>Story time</u><br><u>10am-12pm at Parent Link!</u> |                                      |



Alberta