



**Parent Link  
Centre,  
St. Paul & Area**

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**5 Areas of Early  
Childhood  
Development**



**Physical Health and Wellbeing**  
Encouraging physical growth and independence, gross and fine motor skills and coordination.



**Communication Skills and General Knowledge**  
Encouraging open communication of needs and wants in a socially appropriate way, storytelling and an appropriate awareness of the outside world.



**Emotional Maturity**  
Encouraging age-appropriate emotional understanding, empathy, reflection, and controlled actions (thinking before doing).



**Social Competence**  
Encouraging curiosity about the world, respect for adults and other children, following rules/instructions, independence and self confidence.



**Language and Thinking Skills**  
Encouraging reading, writing, classification of shapes, numbers, colours, size and concepts.



# February

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 "Off on the Right Foot" ASQ screening at Ecole Du Sommet. See poster!	2
3	4 Read and Roll 10-11am Lire et Rire 1-2pm	5 " Snipping Scissors" Come and let your children practice! 10am-12pm at Parent Link	6 <u>Icky, Sticky, Messy Sensory Play!</u> 10am-12pm at Parent Link	7 Baby Bunch 1:30-3:30pm Run, Jump, Skip Evening 5:30-7:15pm	8 Rhymes That Bind 10am-12pm At Parent Link	9
10	11 Read and Roll 10-11am Lire et Rire 1-2pm	12 Run, Jump, Skip French Community Centre 9:45-11:45am <u>Drop In 1:30-3:30</u>	13 <u>Pop Up Story by Monique from the library.</u> 10am-12pm	14 "Little Chefs" Valentine's baking 10am-12pm at PL. Baby Bunch 1:30-3:30pm	15 Staff Off! Day in lieu	16
17	18 Shiverfest! See poster! 	19 Triple P Positive Parenting Discussion Group. 10-11:30 <u>Drop In 1:30-3:30pm</u>	20 PLOW MALLAIG <u>Winter craft and story at Parent Link</u> 10am-12pm	21 PLOW ASHMONT <u>Story time at Sunnyside 10-11am</u> Baby Bunch 1:30pm Swim 6:00-7:30pm	22 Rhymes That Bind 10am-12pm At Parent Link	23
24	25 Read and Roll 10am-11am Lire et Rire 1pm-2pm	26 Run, Jump, Skip French Community Centre 9:45-11:45am	27 <u>Snowy Playdough Play</u> 10am-12pm at Parent Link <b>PINK SHIRT DAY!</b>	28 Baby Bunch 1:30-3:30pm Cell phone sleeping bag case making See poster! 5:30-7:30pm	 <b>NATIONAL DAY OF UNPLUGGING</b>	