



**Parent Link
Centre,
St. Paul & Area**

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**5 Areas of Early
Childhood
Development**



Physical Health and Wellbeing
Encouraging physical growth and independence, gross and fine motor skills and coordination.



Communication Skills and General Knowledge
Encouraging open communication of needs and wants in a socially appropriate way, storytelling and an appropriate awareness of the outside world.



Emotional Maturity
Encouraging age-appropriate emotional understanding, empathy, reflection, and controlled actions (thinking before doing).



Social Competence
Encouraging curiosity about the world, respect for adults and other children, following rules/instructions, independence and self confidence.



Language and Thinking Skills
Encouraging reading, writing, classification of shapes, numbers, colours, size and concepts.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 "Rhymes that Bind" 10am-12pm at Parent Link	2
3	4 Read and Roll (Last session) 10-11am	5 Baby Rhyme 0-18 months 10am-12pm at PL Drop In-1:30-3:30pm	6 "Polar Bear, Polar Bear, what do you see?" Activities and story 10am-12pm at PL	7 Baby Bunch 1:30-3:30pm Run, Jump, Skip 5:30-7:15pm	8 "Rhymes that Bind" 10am-12pm at Parent Link	9
10	11 Staff in Training Parent Link Closed	12 Run, Jump, Skip 9:45-11:45am Drop In! 1:30-3:30pm at PL	13 Pop Up Story Monique from the library 10am-12pm	14 Baby Bunch 1:30-3:30pm Family Swim 6-7:30pm	15 "Rhymes that Bind" 10am-12pm at Parent Link Last winter session!	16
17 Happy St. Patricks Day! 	18 "Little Chefs" Bannock making with Headstar! 10-12 Registered event	19 Baby Rhyme 0-18 months 10am-12pm at PL Drop In-1:30-3:30pm	20 PLOW MALLAIG Busy kits in Mallaig! No program at Parent Link!	21 PLOW ASHMONT Story time at Sunnyside 10-11am Baby Bunch-1:30-3:30pm	22 Icky, Sticky, Messy At Parent Link! 10am-12pm	
24 31	25 Spring Break! Parent Link closed	26 Spring Break! Parent Link closed	27 Spring Break! Parent Link closed	28 Spring Break! Parent Link closed	29 Spring Break! Parent Link closed	30

