

March

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 Play and Explore 9:30 - 11:30 Pre-K 1-3	3 Preschool 9:45 - 11:45 Pre-K 1-3	4 Little chefs 9:30 - 11:30 Pre-K 1-3 Spidey Sports 3:30 - 4:30	5 Preschool 9:45 - 11:45 Pre-K 1-3	6 Sensory Play Time 9:30 - 11:30	7
8	9 Make and Take Monday 9:30 - 11:30 Pre-K 1-3	10 Preschool 9:45 - 11:45 Pre-K 1-3 Craft Corner 3:30	11 Astounding Art 9:30 - 11:30 Pre-K 1-3 Spidey Sports 3:30 - 4:30	12 Preschool 9:45 - 11:45 Sports Yoga 12:16 Pre-K 1-3	13 Gym Play Day 9:30 - 11:30	14
15 Big Cook 1-6pm	16 Kindergarten Kickstart 9:30 - 11:30 Pre-K 1-3	17 Preschool 9:45 - 11:45 Pre-K 1-3	18 Wild Science 9:30 - 11:30 Pre-K 1-3 Spidey Sports 3:30 - 4:30	19 Preschool 9:45 - 11:45 Sports Yoga 12:16 Pre-K 1-3	20 Baby/Toddler Zumbini 9:30 - 11:30 Wine Pairing Night 7pm	21
22	23 Play and Explore 9:30 - 11:30 Pre-K 1-3	24 Preschool 9:45 - 11:45 Pre-K 1-3	25 Nature Crafts 9:30 - 11:30 Pre-K 1-3 Spidey Sports 3:30 - 4:30	26 Preschool 9:45 - 11:45 Sports Yoga 12:16 Pre-K 1-3 Book Page Wreath Class 7pm	27 Baby Massage 9:30 - 11:30	28

April

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29	30 Play and Explore 9:30 - 11:30 Pre-K 1-3	31 Preschool 9:45 - 11:45 Pre-K 1-3 Girls Club 3:30	1 Wild Science 9:30 - 11:30 Pre-K 1-3 Spidey Sports 3:30 - 4:30	2 Preschool 9:45 - 11:45 Pre-K 1-3 Sports Yoga 12:16 Easter Cupcake Class 3:30	3 Baby Weigh and Measure 9:30 - 11:30	4
5	6 Make and Take Monday 9:30 - 11:30 Pre-K 1-3	7 Preschool 9:45 - 11:45 Pre-K 1-3	8 Easter Party and Potluck Pre-K 1-3 Spidey Sports 3:30 - 4:30	9 Preschool 9:45 - 11:45 Sports Yoga 12:16 Pre-K 1-3	10 Closed Good Friday	11
12 Happy Easter!	13 Closed Easter Monday	14	15 Closed for Easter Break	16	17 Closed for Easter Break	18
19	20 Kindergarten Kickstart 9:30 - 11:30 Pre-K 1-3	21 Preschool 10-12 Pre-K 1-3	22 Nature Crafts 9:30 - 11:30 Pre-K 1-3 Spidey Sports 3:30 - 4:30 Sewing Basics 7pm	23 Preschool 9:45 - 11:45 Pre-K 1-3	24 Weigh and Measure 9:30 - 11:30	25
26	27 Play and Explore 9:30 - 11:30 Pre-K 1-3	28 Preschool 10-12 Pre-K 1-3 Girls Club 3:30	29 Story Book Explosion 9:30 - 11:30 Pre-K 1-3 Spidey Sports 3:30 - 4:30	30 Preschool 9:45 - 11:45 Pre-K 1-3	1 Baby/Toddler Yoga 9:30 - 11:30	2

May

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
3	4 Make and Take Monday 9:30 - 11:30 Pre-K 1-3	5 Preschool 10-12 Pre-K 1-3	6 Baby Reflexology 9:30 - 11:30 Pre-K 1-3	7 Preschool 9:45 - 11:45 Pre-K 1-3	8 Mother's Day Photo Booth 9:30 - 11:30	9 Princess/Super Hero Gala 2pm
10	11 Kindergarten Kickstart 9:30 - 11:30 Pre-K 1-3	12 Preschool 9:45 - 11:45 Pre-K 1-3 Spring Sign Making Class 7pm	13 Wild Science 9:30 - 11:30 Pre-K 1-3	14 Preschool 9:45 - 11:45 Pre-K 1-3	15 Baby/Toddler Zumbini 9:30 - 11:30	16
17	18 Closed Victoria Day	19	20 MAIN STREET VAN 9:30 - 11:30 South African Cooking Class 7pm	21	22 Sensory Play Day 9:30 - 11:30	23
24	25 Playground Fun! 9:30 - 11:30	26 Girls Club 3:30	27 Astounding Art 9:30 - 11:30	28	29 Baby Weigh and Measure 9:30 - 11:30	30

Marvellous Mondays

9:30 - 11:30

So much excitement awaits you at the Expressway Family Centre on Mondays! It is a great place to make new friends, explore, learn and grow. Featured this year is the Kindergarten Kickstart Program and Make and Take Mondays with special activities for parents! Join us for lots of active fun on Mondays!

Wild and Wacky Wednesdays

9:30 - 11:30

WILD SCIENCE

There is so much to discover! Join Tia for some science fun especially for little ones!

LITTLE CHEFS

What's cooking? Join us to find out! Kids get a chance to prepare their own delicious and nutritious snacks!

NATURE CRAFTS

We're going to explore the outdoors and create with objects we find in nature - the opportunities are endless!

ASTOUNDING ART

Let's get creative! Join us for fun arts and crafts and let your little ones explore their sense of creativity! We might get a little messy but it will be a blast!

Spidey Sports

Wednesdays -3:30 - 4:30

Kindergarten - Grade 2

Spin your way to the OPHS gym for some action and adventure. Active supervised games for kids led by our super student leaders Carson, Kaysee, Rhett and Hayden. Cost is free but registration is required. Contact Regan at 306-485-8071 for more information.

Baby Time Fridays

9:30 - 11:30

Friday is all about the babies! Bring your tiny ones down to the Family Centre for some special programming just for them! We are excited to offer some great baby programming this spring including our popular Baby Weigh and Measure, Baby/Toddler Zumbini, Baby/Toddler Yoga, and some Sensory fun! *Bigger kids are always welcome and there will be lots of activities for them too.* We hope to see you on Fridays!

Preschool & Pre-K

For more information about Preschool and Pre Kindergarten please contact Mrs. Lamontagne at (306) 483-5293 or Mrs. Burness at (306) 485-8668