



Trees Extension Activities

Parents, did you know that making crafts, cooking, and playing games with your kids helps them to develop many different skills that they need to be successful in school and beyond?

Make a blossoming tree picture:

1. Trace your child's hand onto a piece of paper.
2. Allow your child to tear up little bits of coloured construction paper, flyers/magazines, or tissue paper (remind them they should always ask an adult before tearing things!)
3. Dip the bits of paper into white glue (poured in a disposable container/lid) and press them onto the "hand" part of the tree.

Make trees in different colours or multi-coloured. Do the activity with the whole family. Whose tree was the biggest? Smallest? Why?



Take a "Forest Bath"

A Forest Bath is a slow, calming walk through nature. Allow time to listen to a bird, or a watch a bug. Take time to touch the bark of a tree, or smell blossoms. Our County has many accessible paths. Get out and enjoy one with the whole family! Talk about what you see, smell, touch and hear. Use lots of new words for your child to hear. Play eye spy a tree stump. Show them the tree's growth rings. When you get home make a:

Make a tree cookie wrap

Let your child practice their spreading and cutting skills! Let them spread peanut butter or other brown filling across a wrap. Let them roll it up and cut it into "tree cookies" using a plastic knife with a serrated edge. Make a wrap beside them so that you can model the steps. Give them the gift of time, and let them try to make it all by themselves (don't expect perfection!!!!). Talk about growth rings again when you see a stump on your next walk.

Hug a family member tree

Many people, for many reasons, are not able to physically give family members a hug. Discuss with your child about what tree in your neighbourhood would make a good "Grandma Tree". Why? Record your child hugging "Grandma" (AKA - the tree). Send Grandma the video so she can enjoy the video and the "hug". What would Dad's tree look like? Aunties?...

Sing! Change the underlined words to fit your circumstances.

Here we go 'round the mulberry bush (spruce tree, kitchen chair....)

Here we go 'round the mulberry bush

Here we go 'round the mulberry bush

Here we go 'round the mulberry bush so early in the morning. (late in the evening, after baby's nap)

Post your pictures or comments, to the Lac La Biche County Libraries Facebook page, send them to us via messenger or e-mail using the form on our website – www.llbcl.ca! We would love to hear from you, and we will write back!!!

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