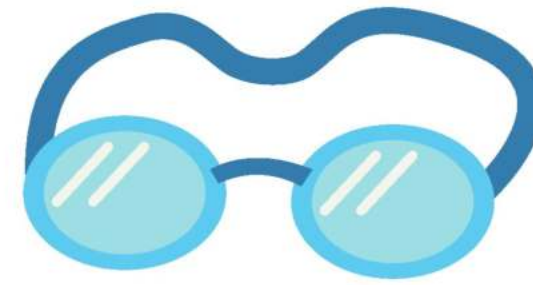


St. Paul Aquatic Centre

Phase II Re-Opening

The following scheduling is allowed with Phase II:

- Lane Swim
- Swimming Lessons
- Aquafit
- Gym Access



We ask that you arrive dressed for your activity to minimize change room use.

RESTRICTIONS

- No Hot Tub
- No Steam Room
- No drop in swims except for Lane Swim
- No Family Swim or Public Swim
- Please see AHS for rules & restrictions by visiting www.alberta.ca/guidance-documents.aspx

Phase II Pool Hours

| Time | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|-----------------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|
| 6:30 – 9:00 am | Lane Swim | Lane Swim | Lane Swim | Lane Swim | Lane Swim | | |
| 8:00 – 8:30am | Aquafit | | Aquafit | | Aquafit | | |
| 11:30 – 2:00 pm | Lane Swim | Lane Swim | Lane Swim | Lane Swim | Lane Swim | Lane Swim | Lane Swim |
| 2:00 – 3:30pm | | | | | | | |
| 3:00 – 3:30 pm | | Aquafit | | Aquafit | | | |
| 5:00 – 7:30 pm | Lane Swim | Lane Swim | Lane Swim | Lane Swim | Lane Swim | | |
| 7:30 – 8:15 | Aquafit | Aquafit | Aquafit | Aquafit | | | |

Gym open: Monday – Thursday: 6:30 a.m. – 8:15 p.m. Friday: 6:30 a.m. – 7:30 p.m., Saturday/Sunday: 11:30 a.m. – 3:30 p.m.