

Pool Schedule (Maximum of 40 People)

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:30 – 9:00 am	Lane Swim	Lane Swim	Lane Swim	Lane Swim	Lane Swim		
8:00 – 8:30am	Aquafit		Aquafit		Aquafit		
10:30 – 12:00						Family Swim	Family Swim
11:30 – 1:00 pm	Family Swim	Family Swim	Family Swim	Family Swim	Family Swim		
1pm – 2:45 Pm	Public Swim (non-school days)	Public Swim (non-school days)	Public Swim (non-school days)	Public Swim (non-school days)	Public Swim (non-school days)	Public Swim	Public Swim
2:45 – 3:45 pm		Gentle Swim/Aquafit		Gentle Swim/Aquafit			
6 pm – 7:30 pm	Public Swim	Public Swim	Public Swim	Public Swim	Public Swim		
7:30 – 8:15	Shallow Aquafit	Deep Aquafit	Shallow Aquafit	Deep Aquafit			
8:15 – 9:00 Pm	Adult Swim	Adult Swim	Adult Swim	Adult Swim			

Gym open: Monday – Friday: 6:30 Am – 9:00 pm, Saturday/Sunday: 10:30 Am – 4:00 Pm

RESTRICTIONS

- **MAXIMUM OF 40 PEOPLE IN POOL**
- No Steam Room

Lane Swim: Social distancing while using lanes appropriately.