



Bicycle Safety



St. Paul Municipal Enforcement would like to remind residents of the Town of St. Paul that with warmer temperatures the use of bicycles will increase and the utmost of caution is required to ensure the safety of those riding bicycles. Cyclists are required to follow the same rules as those operating motor vehicles, and deserve equal respect while using the roads. **As well, the Alberta helmet law came into effect May 1st, 2002 and applies to cyclists under 18 years of age and includes passengers and toddlers on tricycles.** This legislation is in effect to this day and remains important to ensure the mandatory helmet use is compliant. Larger vehicles on our roadways resulting in a decrease of visibility, the continuing issue of distracted driving as well as other related behaviours, are factors to be considered in mitigating risks of bodily injury (head injury) while cycling.

Please review the following excerpt from the Alberta vehicle Equipment Regulations:

Bicycle Safety Helmet

Section 111(1) No person who is less than 18 years old shall operate or ride as a passenger on a bicycle unless that person is properly wearing a safety helmet.

Section 111(2) A parent or guardian of a person who is less than 18 years old shall not authorize or knowingly permit the person to operate or ride as a passenger on a bicycle unless that person is properly wearing a safety helmet.

Section 111(3) No person shall operate a bicycle on which a passenger who is less than 18 years old is riding unless the passenger is properly wearing a safety helmet. Safety helmet standards 112(1) For the purposes of section 111, a safety helmet intended for the use of an operator or a passenger of a bicycle or worn by an operator or a passenger of a bicycle must meet the standards adopted under subsection (2) in effect on the date on which it was manufactured.

St. Paul Municipal Enforcement asks and encourages everyone to wear helmets and to have parents ensure their kids wear helmets while biking.

